## **Resource Person for Srilanka**

Economic & Commercial Wing of High Commission of India in Colombo has requested for a Resource Person to lecture advance Coaching Course of Kabaddi in Sri Lanka.

The Communication so received is attached herewith.

Eligible candidate should apply latest by 24.06.2019 with their full bio data, experience and supporting documents on the following email

assistantsecretaryakfi@gmail.com AND offadmnakfi@gmail.com

-----Sd-----Administrator – AKFI

20.06.2019



## Obtaining the service of a Resource Person for the Advanced Coaches Course - Kabaddhi

# At National Institute of Sports Science Ministry of Telecommunication, Foreign employment and Sports Sri Lanka

National Institute of Sports Science (NISS) is one of the premier institute of sports education in Sri Lanka. It was established under the provisions of the sports law No. 25, 1973 and named "Sports School" with its inauguration in 1978 under the Ministry of Parliamentary Affairs and Sports. It was reorganized in 1996 under the provisions of an Act of Parliament, which amended the original sports law and renamed as the National Institute of Sports Science. Presently it is functioning under the Ministry of Telecommunication, Foreign employment and Sports.

Being the pioneer institute in Sports Education in Sri Lanka, it contributes a great deal for the development of sports by providing knowledge to the society. Short-term and long-term strategies and plans of the National Institute of Sports Science are aimed at development of knowledge, attitudes & skills and, updating them to achieve national and international goals in sports and to ensure Sporty Lifestyles for every citizen of Sri Lanka by human resource development of various levels of sports.

We have proven records of providing sports education to the nation, by producing sports coaches, physical training instructors and sports officers for the last four decades. Our academic programs include Diploma in Sports Science (one year fulltime), Advanced coaches course (six months fulltime), Physical fitness instructor training course(one year part time), Diploma in Sports Management, Certificate course in Sports Injury Management, Certificate course in Sports Science-level I, II and III and Coaches skill development programs. Diploma in Sports Science and Physical fitness instructor training course have been accredited by Tertiary and Vocational education commission and offered NVQ standard. Apart from that, we have experience in conducting short term training programs for various institutes based on their requirements.

### Advanced Coaches Course (Kabaddi)

The National Institute of Sports Science has introduced the advanced Coaches course, to provide indepth knowledge to coaches in respective sports. This course had been conducted since 1985 as an Advanced Diploma course targeting a particular game each year. The course consists of six months course work which include lectures, practicals and a research study. This course will be upgraded to NVQ level VI standard.

Coaches who have obtained the Diploma in Sports Science (one year fulltime) of our institute with some level of coaching performance are selected for this course.

In 2019, the institute has decided to conduct an Advanced Coaches Course in kabaddi. To maintain the standards of the course, the institute wishes to get the service of a foreign coach who has an excellent background of teaching and practical work including coaching experience in the field.

In this regard, we are pleased to get the help from India where the game is developed to a good standard. The ideal person should be a national level kabaddi coach and a lecturer in a reputed sports education institute who has a track record in conducting lectures and coaching for at least ten years.

The Resource person should be able to teach **advanced methods of coaching, tactics and formations in Kabaddi game, application of physical fitness qualities for kabaddi and planning and periodization.** in a way of **both theory and practical, for a period of two weeks fulltime (60 hours)** in the **month of June/July 2019 in English medium.** 

The course is conducted in all week days (Monday to Friday) from 9.00 a.m. to 4.00 p.m.

Food, accommodation, air tickets (up and down) and lecturer payments will be provided by the institute.

#### Course details are given below:

#### Objectives

- To update the knowledge of coaches on application of modern scientific findings.
- To uplift the capacity of the coaches in developing skills, techniques, tactics, formations and

talent identification.

• To minimize errors in training and prevention of injuries.

#### Target group:

Kabaddi coaches in Sri Lanka

#### Selection Procedure:

From an interview

#### Entry requirement:

Diploma in Sports Science from National Institute of Sports Science with producing players who have achievements in zonal level competitions organized by the Ministry of Education and school federations.

#### Or

Three year physical education diploma from a college of education with producing players who have achievements in zonal level competitions organized by the Ministry of Education and school federations.

#### Course duration:

6 months (600 hours)

(i) 3 months - theory and practical work

(9.00 a.m to 4.00 p.m. - week days)

(ii) 3 months – research study

Medium:

English/ Sinhala

Assessments:

Continuous assessments, written and practical examinations, and a thesis submission at the end of the course.